



## SUD Counseling, Education & Support

The Beginning Treatment Center is an outpatient SUD treatment facility that provides counseling, screening, assessment, and a treatment plan to adults who suffer from a chemical dependency. The initial criteria for admission include being a Texas resident and having a mild diagnosis for SUD. The program provides educational life skills and SUD recovery skills to prevent relapse, utilizing the evidence-based practice program, Living in Balance. Individuals have complete input on the areas of problems, needs, strengths and weaknesses. SUD Counselors provide individual counseling sessions to review and/or revise treatment plans. Motivational interviewing and person-centered treatment are the primary modes of counseling.



## BREAK THE CYCLE OF SUD CONTACT US

### LONGVIEW

950 N. Fourth Street  
Office: 903.758.0596

### TEXARKANA

2435 College Drive  
Office: 903.255.1241

### TYLER

114 Jordan Plaza Blvd. Ste.306  
Office: 903.581.9472

**24/7 CRISIS HELPLINE**  
**1-800-832-1009**

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# THE BEGINNING

## OUTPATIENT TREATMENT CENTERS

**COMMUNITY HEALTHCORE  
SUBSTANCE USE DISORDER  
(SUD) SERVICES**





## HOW TO BEGIN?

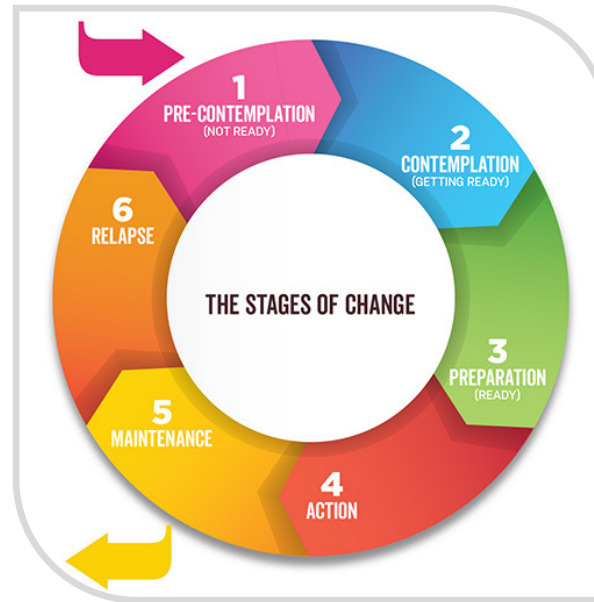
Walk-ins are always welcome. The option for scheduling an appointment is also available. Upon arrival, the Intake Specialist will provide a description of our program services. They will also conduct a financial eligibility assessment to determine the cost of treatment and your payment.

The counselor will conduct a clinical screening and assessment to identify your strengths and limitations regarding your goals for seeking treatment. The counselor will discuss recommended treatment options and offer you the opportunity to participate in treatment.

## PAYMENT OPTIONS

- Private insurance
- Medicaid
- Health and Human Services Commission (HHSC)
- Self Pay
- Sliding Scale Fee
- Texas Department of Criminal Justice (TDCJ) Contracted Funding

## READY TO CHANGE?



## PRIORITY POPULATION

In order to qualify for SUD outpatient treatment services, individuals must be 18 years old or older and meet one or more of the following criteria. Community Healthcore shall give preference for treatment services in the following HHSC established order of priority:

1. Pregnant injecting individuals
2. Pregnant substance users
3. Injecting drug users
4. Individuals identified as being at high risk for overdose
5. Individuals referred by the Department of Family and Protective Services (DFPS)
6. Individuals experiencing homelessness or housing instability
7. All other populations

## TREATMENT SERVICES

- Evaluations
- Assessments
- Individualized Treatment Plans
- Individualized Counseling Sessions
- Group Counseling Sessions
- Group Education Classes
- Relapse Prevention Education
- Cognitive Intervention
- Coping Skills Development
- Chemical Dependency Education
- Trauma Informed Care Service
- Specialized Female Services
- Family Counseling & Education
- Referrals, Resources, and Support Services
- TDCJ Therapeutic Community Programs: Phases 1B, Phase II, and Substance Abuse Counseling Program

## REFERRAL SOURCES

- Self/Family
- Child Protective Services
- Adult Protective Services
- Family Court/Drug Court
- Probation/Parole
- Attorney/Employer
- Department of Transportation
- Residential Programs for aftercare services
- TDCJ Therapeutic Community Program: Phase 1B, Phase II, and Substance Abuse Counseling Program

# RECOVERY IS POSSIBLE