Child & Family Services

Prevention and Early Intervention, **Mental Health and Substance Use**



YOUTH SUBSTANCE USE DISORDER PROGRAM

Youth Substance Use Disorder Program assist youth, ages 13-17 in developing skills for a drug-free lifestyle. Individualized treatment and recovery is developed and planned alongside of the youth and their guardian. Counseling, skills development and substance use disorder education are provided in individualized needs of the youth.

> Information & Referrals: YouthSUD@communityhealthcore.com

CHILD AND ADOLESCENT **OUTPATIENT**

Child and Adolescent Outpatient services include intake/assessment, counseling, skills training, and psychiatric medication management for children ages 3-17 who are experiencing mental illness such as ADHD, Anxiety, Depression, and Trauma related disorders. Most services are conducted via televideo and/or telephone. Family partners are available for resource connection and parenting skills training.

> Information & Referrals: 1-800-446-8253

YOUTH EMPOWERMENT SERVICES (YES)

YES is a program that helps children and youth with serious mental, emotional and behavioral difficulties. YES provides intensive services delivered within a resprovides intensive services delivered within a strengths-based team planning process called Wraparound which builds on family, community support and resources to help build your family's natural support network and connection in the community. YES services are family-centered, coordinated and effective at preventing out-of-home placement and promoting lifelong independence and self-defined success.

> Information & Referrals: 903-234-9200

FAMILY & YOUTH SUCCESS PROGRAM (FAYS)

Family & Youth Success (FAYS) program provides free, state-wide, preventative services to youth, ages 0-17 and their families to help them reduce family conflict, improve school attendance, and decrease delinquent behavior. FAYS assists youth and their families in mastering new coping strategies through evidence-based training.

> Information & Referrals: 903-753-9744 or 1-866-782-7031 FAYS@CommunityHealthcore.com

YOUTH MENTAL HEALTH FIRST AID

Youth Mental Health First Aid (YMHFA) is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. YMHFA is primarily designed for adults who regularly interact with young people. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.

> Schedule a Training: MHFA@communityhealthcore.com

PREVENTION NETWORK NORTH **EAST TEXAS (PREV-NET)**

PREV-NET is a coalition in Northeast Texas that focuses on bringing together strong members of the community to reduce and prevent substance use among ages 9-20. PREV-NET mobilizes community resources and strengthens prevention capacity in an effort to reduce the impact of systemic disparities in youth.

> Information & Referrals: 903-234-9200 PREV-NET@communityhealthcore.com



CONNECT WITH US!





