

# Mental Health & SUD **Counseling and Case** Management

COPSD services are provided to individuals who suffer from both mental health and substance use disorders. COPSD provides individual counseling utilizing the Seeking Safety curriculum and case management services in the community.

The COPSD Program is a community support program that links integrated services to promote mental health and SUD stabilization.



# **BREAK THE CYCLE OF SUD CONTACT US**

#### **LONGVIEW**

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# **CO-OCCURING PSYCHIATRIC & SUBSTANCE USE DISORDER (COPSD) PROGRAM**

#### **COMMUNITY HEALTHCORE COPSD PROGRAM**









# **HOW TO BEGIN?**

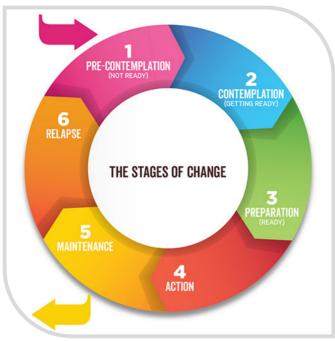
Call our office to schedule an appointment. Our staff will be happy to assist you.

On your first appointment, the Intake Specialist will provide a description of our program services. They will also conduct a financial eligibility assessment to determine the cost of treatment and your payment options. A Licensed Chemical Dependency Counselor (LCDC) will conduct a clinical screening and assessment to identify your strengths and limitations regarding your goals. The counselor will discuss recommended treatment options and offer you the opportunity to participate in treatment, with appropriate referrals and case management.

#### **PAYMENT OPTIONS**

- Self Pay (Sliding Scale Fee)
- Financial Eligibility for Diverse Funding Sources:
  - Health and Human Services Commission (HHSC)

### **READY TO CHANGE?**



### **REFERRAL SOURCES**

- Self/Family
- Behavioral Health Hospitals
- Local Mental Health Authorities
- Child Protective Services
- Primary Care Providers
- Adult Protective Services
- Family Court/Drug Court/Treatment Centers
- Probation/Parole
- Attorney/Employer



#### **TREATMENT SERVICES**

- Evaluations
- Assessments
- Intensive Case Management
- Transportation provided if necessary
- Individualized Counseling Sessions
- Substance Use Disorder (SUD) and Mental Health Counseling Sessions
- Relapse Prevention Education
- Cognitive Intervention
- Coping Skills Development
- Chemical Dependency Education
- Trauma Informed Care Services
- Family Counseling and Education
- Referrals, Resources, and Support Groups
- 12 Step Meetings and Social Support Groups

### **PRIORITY POPULATION**

In order to qualify for COPSD services, individuals must be 18 years old or older and meet one or more of the following criteria. Community Healthcore shall give preference for treatment services in the following HHSC established order of priority:

- 1. Pregnant injecting individuals
- 2. Pregnant substance users
- 3. Injecting drug users
- 4. Individuals identified as being at high risk for overdose
- 5. Individuals referred by the Department of Family and Protective Services (DFPS)
- 6. Individuals experiencing homelessness or housing instability
- 7. All other populations