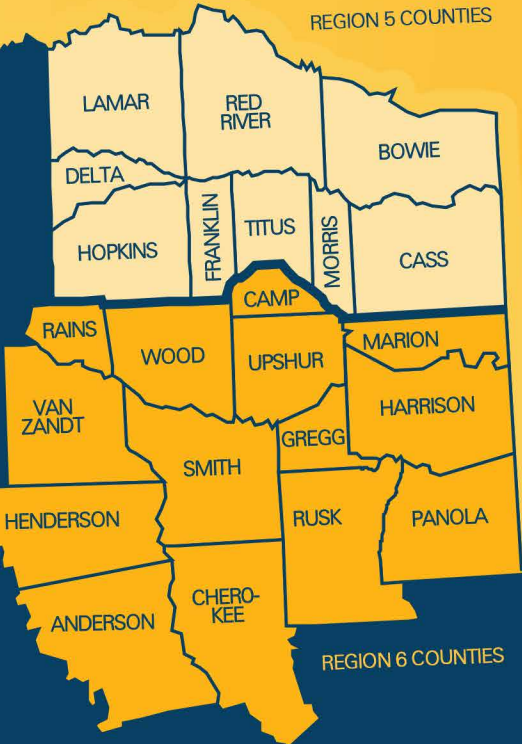




The East Texas ADRC is a local collaboration of agencies assisting people in our twenty-three East Texas Counties. We serve as a “no wrong door” concept. That means we will enhance your access to Federal, State, and Local services and supports.

REGION 5 COUNTIES



REGION 6 COUNTIES

Call us toll free at 855-937-2372  
and find the professional assistance you need.

**Walk ins welcome**

East Texas ADRC  
... assisting our community by assisting you.  
[www.etxadrc.org](http://www.etxadrc.org)



903-295-5922  
501 Pine Tree Road, Longview, TX 75604  
email: [help@etxadrc.org](mailto:help@etxadrc.org)



# Helping You See

*Answers to Your Needs*



**1** How many U.S. Presidents were sworn in after their 60th birthdays?

A. Ten

**2** Which U.S. Presidents had a disability?

A. Franklin D. Roosevelt (paraplegic due to polio), Woodrow Wilson (partially paralyzed due to stroke)

**3** How many U.S. Presidents served in the military?

A. 32

**A**t the East Texas Aging and Disability Resource Center, our goal is to empower individuals, families, caregivers, and professionals by providing awareness, assistance and access to Federal, State, and/or Local Services and Supports.

To do this, we provide unbiased information on a wide range of aging and long-term services and supports.

We use a person-centered approach and are ready to take your call and answer with a full variety of resources to meet the issues you identify.

Our focus includes ...

- **Older adults**
- **Persons of all ages** who have intellectual, developmental, or physical disabilities
- **Adults and children** with long-term medical needs or supports
- **Adults and children** with disabilities who are currently in, or at risk of moving to, an institutional setting
- **Veterans** with or without disabilities
- **Caregivers** for any of these groups

We believe that the best place for people is at home in their communities.



### *Older Adults*

You've made a home for yourself in your community, but as you age you find you can use some assistance. You may feel you don't want to be a bother.



### *Persons with Disabilities*

You may have some challenges, but you want to remain independent. Where do you find assistance for these challenges?



### *Caregivers*

You want to continue to provide support to your loved one but the demands are growing. Who can help support you?