



# MAY IS MENTAL HEALTH MONTH

TAKE SOME TIME TO  
LOOK AROUND, LOOK WITHIN

[MHANATIONAL.ORG/MAY](https://mhanational.org/may)



For Mental Health Month this year, Mental Health America is encouraging individuals to look around and look within. From your neighborhood to genetics, many factors come into play when it comes to mental health conditions. We encourage everyone to consider how the world around you affects your mental health. The theme for Mental Health Awareness Month 2023 is

**"LOOK AROUND, LOOK WITHIN".**

For information visit the [Mental Health America website](https://www.mhanational.org).

## JOINT COMMISSION ACCREDITATION

*Congratulations!*



Community Healthcore received the official news from The Joint Commission on April 18, 2023 of the Behavioral Health Care and Human Services Accreditation.

Community Healthcore earned The Joint Commission's Gold Seal of Approval® for Behavioral Health Care and Human Services Accreditation by demonstrating continuous compliance with its performance standards. The Gold Seal is a symbol of quality that reflects a health care organization's commitment to providing safe and quality patient care.

Community Healthcare underwent a rigorous, onsite review January 31 - February 3, 2023. During the visit, a team of Joint Commission reviewers evaluated compliance with Behavioral Health Care and Human Services standards spanning several areas including National Patient Safety Goals, Care, Treatment and Services, Environment of Care, Infection Prevention and Control, Leadership, Medication Management, and Rights and Responsibilities of the Individual.



## RCSU OPEN HOUSE: Recruitment & Educational Event



Community Healthcare hosted an Open House: Recruitment & Educational Event at the Regional Crisis Stabilization Unit (RCSU) in Atlanta on Friday, April 28.

## Upcoming Events -- Save the Date!

**East Texas Veteran's Resource Center**  
**NET-VET Meeting**  
1ST Thursday of Every Other Month  
11:30-1:00  
Community Connections-Library  
501 Pine Tree Road  
Longview, Tx  
May 4, 2023  
July 6, 2023  
September 7, 2023  
November 2, 2023  
Join us as we fellowship and learn about  
valuable resources for Veterans and  
their families  
Ken Hansen, Outreach Coordinator  
501 Pine Tree Road  
Longview TX 75604  
903-291-1155  
903-932-6103

**TEXARKANA COLLEGE**  
**MENTAL Health Seminar**  
**PRESENTER TOPICS**  
**Ethics With Dr. Butler**  
A historical context of ethics in social work and in the larger context of the helping professions, such as nursing and other human service areas will be explored. The  
**Science of Addiction With Rick Rayl**  
Our understanding of how addiction works in the brain grows every year. We have identified areas in the brain responsible for substance use disorders. This presentation discusses the science of addiction and how that relates to treatment.  
**Brainspotting with Corey Robinson**  
Brainspotting is a brain based psychotherapy approach that uses the field of vision to find where a person is holding trauma or any negative experience in their brain.  
**CONTACT US**  
Hollie Esley  
Allied Health Coordinator  
903-825-3276  
cbe.texarkanacollege.edu

**Mental Health Seminar  
Registration - May 11 & 12**

Atlanta Area Chamber of Commerce Presents:

## Quarterly Educational Series

# Mental Health in the Workplace

Guest Speaker: Stacy Tidwell, Community HealthCORE

**FREE BREAKFAST!**

**Tuesday, May 9th at 8AM  
Mattie Lanier Richey Center**

- Learn how to discuss difficult topics with your staff
- Tips on how to improve employee moral
- Resources for assisting your employees
- FREE mental health services available in our area

Email: [atlareachamber@gmail.com](mailto:atlareachamber@gmail.com)  
Phone: 903-796-3296  
Office Hours: Monday - Friday, 9AM-4PM



## Coffee & Conversation



Wednesday, May 17th  
9 AM - 10:30 AM  
1701 S Adams  
Suite A



May is  
Mental Health Awareness  
Month



Join us for this come & go event on May 17  
at the Community Healthcore Carthage  
location, 1701 South Adams from 9:00-  
10:30am.

OUR STUDENTS  
NEED US.

Take YOUTH  
MENTAL  
HEALTH  
FIRST AID.

**FREE** Youth Mental Health First Aid  
Community Training

USA  
YOUTH

COMMUNITY  
HealthCORE  
FOUNDATION

The Community Healthcore Foundation invites you to become a Youth Mental Health First Aider!

**Training is provided FREE to the community through the Community Healthcore Foundation - Timothy Stewart Memorial for Suicide Prevention and Awareness.**

For additional information, contact Katie Roberson at  
[katie.roberson@communityhealthcore.com](mailto:katie.roberson@communityhealthcore.com).

**SIGN UP BELOW!**

**May 19, 2023 Atlanta**



## Texarkana Children's Division at Mission Texarkana



The Texarkana Children's Mental Health team served together on Friday, April 28. The team prepared and served breakfast for the guests at Mission Texarkana.



COMMUNITY  
**HealthCORE**



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