


Weekly CORE CONNECT



MARCH IS

Developmental Disabilities

AWARENESS MONTH



March is **Developmental Disabilities Awareness Month**! Throughout the month of March, we will be highlighting programs in our community that empower people with developmental disabilities to live a life of independence, gain dignity, and fulfill their dreams. Program highlights will be posted on our social media pages (Facebook, Instagram and Twitter).

Community Meetings

Intellectual and Developmental Disabilities

COMMUNITY MEETINGS

Individualized Skills and Socialization (ISS) & Home and Community Based Services (HCBS)

Longview - 3770 PR 3439
Monday, March 13 @ 2:30pm

Atlanta - 307 N. Louise, Ste. B
Tuesday, March 14 @ 2:30pm

Texarkana - 4217 Hazel St.
Thursday, March 16 @ 2:30pm

Carthage - 1701 S. Adams St.
Friday, March 17 @ 10:00am

Marshall - 204 N. Alamo Blvd.
Friday, March 17 @ 2:30pm

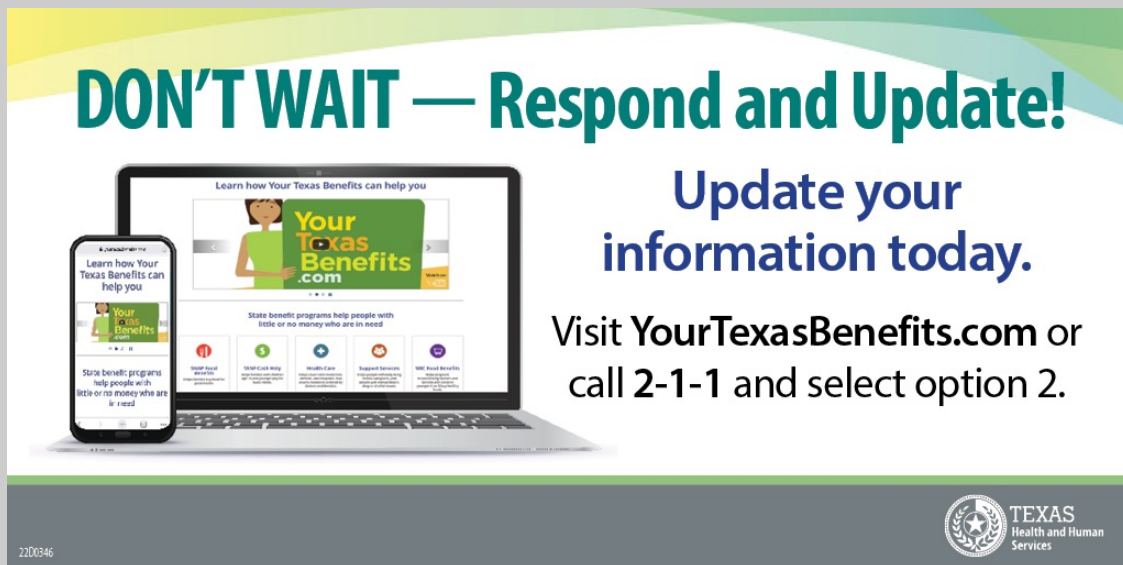
ATTENTION!
Individuals,
Parents, LARs
and Providers.

Join us for one of
these meetings
regarding
ISS and HCBS
Settings Rule.



Community Healthcore will host five (5) community meetings this month to discuss Individualized Skills and Socialization and Home and Community Based Services for individuals with Intellectual and Developmental Disabilities, parents, Legally Authorized Representatives (LARs) and Service Providers.

Important News About Texas Medicaid Coverage



DON'T WAIT — Respond and Update!

Update your information today.

Visit YourTexasBenefits.com or call 2-1-1 and select option 2.

22D0346

TEXAS Health and Human Services

The automatic renewal of Texas Medicaid coverage (continuous Medicaid) will end on **March 31, 2023**. Medicaid recipients will need to renew their benefits to ensure coverage will continue, if eligible.

Please help us spread the word about the **End of Continuous Medicaid Coverage**. Recipients will need to renew/update their information. Renewal information from HHSC will either be mailed in a yellow envelope that says "Action Required" (in red), or sent electronically to "Your Texas Benefits" account.

Learn More with the CORE Podcast



With March being Developmental Disabilities Awareness Month, we're excited to announce this episode. This week's episode of Learn More with the CORE features Kathleen Newton, Program Manager of Community First Choice and Vocational Apprenticeship Program.

Learn more about these programs and other Intellectual and Developmental Disabilities programs at <https://communityhealthcore.com/service-cat/idd/>

[Listen Here!](https://communityhealthcore.com/service-cat/idd/)

Program Spotlight

YOUTH MENTAL HEALTH FIRST AID

teaches parents, family members, caregivers, teachers, school staff, peers, neighbors and other caring citizens how to help an adolescent who is experiencing a mental health or addiction challenge or is in crisis.

Youth Mental Health First Aid gives an overview of common disorders like:

ADD/ADHD/ODD
Anxiety Disorders
Bipolar Disorder
Depression
Eating Disorders
Psychosis
Substance Use Disorders

Youth Mental Health First Aid teaches a 5-step action plan for offering help to a young person:

- * Assess for risk of suicide or harm
- * Listen nonjudgmentally
- * Give reassurance and information
- * Encourage appropriate professional help
- * Encourage self-help and other support strategies

Learn more about taking a Youth Mental Health First Aid course at
www.MentalHealthFirstAid.org

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.

Contact Katie Roberson at MHFA@communityhealthcore.com for more information or to schedule a training.



OUR STUDENTS
NEED US.

Take **YOUTH
MENTAL
HEALTH
FIRST AID.**

FREE Youth Mental Health First Aid
Community Training

USA
YOUTH

COMMUNITY
HealthCORE
FOUNDATION

The Community Healthcore Foundation invites you to become a Youth Mental Health First Aider!

Trainings are provided FREE to the community through the Community Healthcore Foundation - Timothy Stewart Memorial for Suicide Prevention and Awareness.

SIGN UP BELOW!

March 24 -
Texarkana

April 28 -
Marshall

May 19 -
Atlanta



**BECOME A
STORY-CHANGER!**

**OPEN
POSITIONS**

MENTAL HEALTH CASE MANAGER	SUBSTANCE USE DISORDERS COUNSELOR
HEALTH CARE NAVIGATOR	SUPPORT SPECIALIST
RN & LVN	ADMINISTRATIVE TECHNICIAN
VETERANS FAMILY PEER NAVIGATOR	FAMILY SUPPORT SPECIALIST
LICENSED THERAPIST	PEER PROVIDER - CARE COORDINATOR

APPLY ONLINE!
WWW.COMMUNITYHEALTHCORE.COM



Community Healthcore | 107 Woodbine Place, Longview, TX 75601

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