

Weekly
CORE CONNECT



NOVEMBER NEW HIRES WELCOME STORY-CHANGERS



Tenisha Harris
IDD Apprenticeship
Program



Lakyn Hutchison
QMHP - Crisis
Texarkana



Larry Stoker
IDD Apprenticeship
Program



Jesus Quintero Ortiz
EHR System
Administrator



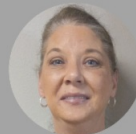
Irene Moore
Employment
Specialist III



Taelor Lang
Community Health
Worker



Karen Smith
Accountant III



Angie Owen
Administrative
Technician



Tiffany Davenport
HCS Service
Coordinator

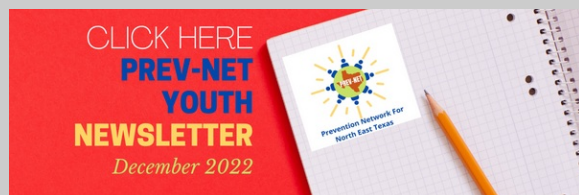
"IT'S A GREAT DAY TO BE A STORY-CHANGER!"



Veteran's Programs by Learn MORE with the CORE

This week's episode features Wallace Revalee, Veteran's Programs Supervisor. Wallace discusses the services provided for our community of veterans and future goals for CHC as well as how to approach a veteran who seems reluctant to receive services and why it is important to have culturally competent staff.

[Listen Here!](#)

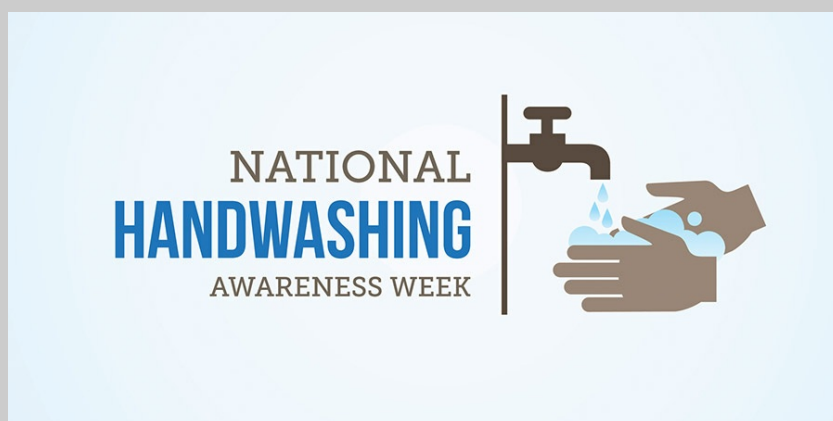


In These Newsletters:

- Community Spotlight: Too Good for Drugs at Harmony ISD
- Today's Marijuana: Not What it Once Was
- Voices of North East Texas: Vanessa Watkins with Harmony ISD
- Youth Newsletter: Mental Health Benefits of Gratitude

The Prevention Network for North East Texas (PREV-NET) serves youth ages 9-20 (and anyone that has access to these youth) across 12 counties: Bowie, Cass, Franklin, Gregg, Harrison, Marion, Morris, Panola, Red River, Rusk, Titus, & Upshur. We provide evidence based programs like *Too Good for Drugs* and *Strengthening Families* at no cost, presentations, campaign materials, educational/activity sheets, and more!

For more information, contact Angelica Fuentes at prev-net@communityhealthcore.com or [Visit our Website!](#)



December 1-7, 2022 is National Handwashing Awareness Week. Since the start of the pandemic, we have been washing our hands more than ever. This time of the year, washing your hands is extremely important because of the spread of the flu, COVID-19, and strep.

According to the Centers for Disease Control and Prevention (CDC), handwashing is one of the best ways to prevent the spread of germs as well as stop respiratory and diarrheal infections. Germs can spread when you:

- Touch your eyes, nose and mouth with unwashed hands.
- Prepare or consume food and drinks with unwashed hands.
- Touch contaminated surfaces or objects.
- Blow your nose, cough or sneeze into your hands then touch other people's hands or belongings.

It's recommended that when you wash your hands use soap and clean running water for at least 20 seconds. Work up a good lather and clean the back of the hands, between the fingers and under the nails. Dry your hands using a clean towel. When soap and running water are not available, a hand sanitizer, with at least 70 percent of alcohol, can also help to reduce illness and the spread of germs.

Another forgotten benefit of handwashing is that it helps combat the rise in antibiotic resistance. Handwashing prevents an estimated 30 percent of diarrhea related illnesses and around 20 percent of respiratory infections. Since antibiotics are frequently prescribed for these health issues, washing your hands can help reduce the overuse of antibiotics.

It's easy to become lax about hand washing. But taking the time to stop and wash your hands frequently throughout the day, can help protect yourself and others this time of the year.



Children's Division Managers' Christmas Kickoff Meeting!

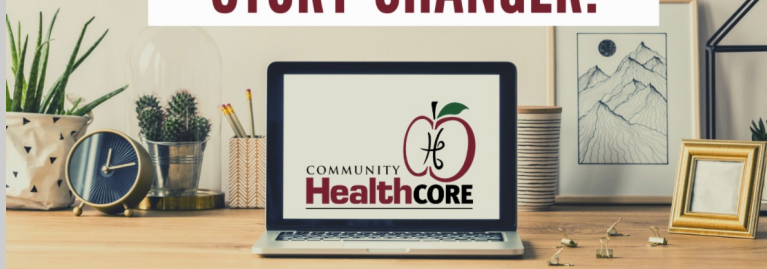


ADULT MENTAL HEALTH DIVISION MEETING - DECEMBER 2 - BEAR CREEK SMOKEHOUSE



IT WAS A GREAT DAY TO BE A STORY-CHANGER!

BECOME A STORY-CHANGER!



WE'RE HIRING STORY-CHANGERS!
FULL-TIME, PART-TIME & PRN POSITIONS
GREAT BENEFITS & WEEKLY PAY!



APPLY ONLINE!
WWW.COMMUNITYHEALTHCORE.COM



Community Healthcore | 107 Woodbine Place, Longview, TX 75601

[Unsubscribe patti.brady@communityhealthcore.com](mailto:patti.brady@communityhealthcore.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by patti.brady@communityhealthcore.com in collaboration
with



Try email marketing for free today!