



STORY-CHANGER



Spotlight

Kathryn Burkhalter

Practice Manager - Texarkana

"I am proud to work at CHC because of the constant opportunity to do more. Whether it is supporting our amazing frontline staff or working directly with the people we serve, CHC allows me to consistently strive to be better while making a positive impact in the lives of others. Our work is never finished but there is no greater reward than that of serving others, and I am honored to have the opportunity to serve through CHC."



Thanksgiving Day Turkey Trot 5K

The Community Healthcore 9th Annual Thanksgiving Day Turkey Trot 5K in Texarkana was a success! We had 195 runners register for the race. We celebrated the legacy Jeanell Cannon left with the largest event to date and honored her with the theme of "Jogging for Jeanell".

Thank you to our staff and volunteers Cynthia Edwards, Melonie Belcher, Cyndee Cline, Brian Triplett (Foundation Board Member), Inman White, and Lee Brown for being at the race on Thanksgiving morning and for all of your support and help!

Also, thank you to the Foundation Board Members, Gina Angelsberg, Stacy Tidwell, Kathryn Burkhalter, Wallace Revalee, Randy Cobb, Ambrea Murphy, Alexis Robinson, and all of the interns that help beforehand to make this event a success.

**We couldn't do this event without our generous sponsors.
Thank you to our sponsors for their support!**

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City of Texarkana Parks & Recreation

WE APPRECIATE YOU ALL SO MUCH!



Community Health Workers by Learn MORE with the CORE

This week's episode discusses the new Community Health Worker (CHW) program and how they serve the East Texas community. Discussions include what a CHW is and how they provide health knowledge, community referrals, social support, and advocacy to our fellow East Texans as well as, education regarding drug overdose and how the distribution of Naloxone could save a life.

[Listen Here!](#)

Happy Retirement, Frances Pedison

Thank you for your
dedication and hard
work for 18 years!



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