



Learn More with the CORE Podcast



Housing, ADRC & Veterans by Learn MORE with the CORE

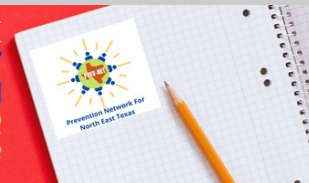
This week's episode features Chesley Knowles CHC's Housing and Veterans Services Program Manager. Chesley sheds light on securing housing for the people we serve, some of the barriers for the unhoused community, and how education can affect how we assist our unhoused populations. Overall, this episode hopes to answer the questions of how easy it is for people to become unhoused and what services they would benefit from with enough funding.

[Listen Here!](#)

CLICK HERE
**PREV-NET
COALITION
NEWSLETTER**
November 2022



CLICK HERE
**PREV-NET
YOUTH
NEWSLETTER**
November 2022



In These Newsletters:

- **Community Spotlight: Coalition For Drug-Free Youth (CDFY)**
- **Digital File Cabinet**
- **The Effect Of Substance Abuse on Adolescent Brain Development**
- **Voices of North East Texas: Whitney Pierce**
- **The Consequences of Underage Drinking**

The Prevention Network for North East Texas (PREV-NET) serves youth ages 9-20 (and anyone that has access to these youth) across 9 counties: Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, Upshur.

Our Vision: To grow a community where youth have the opportunities and resources they need for a healthy life.

Our Goals: Decrease 30 day use of alcohol, marijuana, and methamphetamine among youth ages 9-20. Increase community presence in prevention efforts across the 9 counties we serve.

We provide evidence based programs like *Too Good for Drugs* and *Strengthening Families* at no cost, presentations, campaign materials, educational and activity sheets, and more! Let's collaborate to empower our youth with the social and emotional learning skills to live healthy drug free lives.

For more information about PREV-NET, visit

<https://communityhealthcore.com/services/prevention-network-for-north-east-texas-prev->



Congratulations, Stacy on your promotion to Director of Substance Use Disorder Services.

Stacy has 27 years of experience in SUD treatment with over 10 years of experience with Community HealthCORE. As the Continuing Education Coordinator for CHC, Stacy, has a passion for training and developing her team to be the greatest that they can be. She stated, "I am excited to lead CHC SUD services to another dimension of care for the individuals we serve."

CHC in the Community

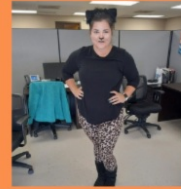


Hannah Johnson and Alexis Abbott trained Communities In Schools of East Texas staff on Youth Mental Health First Aid on October 25.



First Episode Psychosis (FEP) enjoyed a fun day of bowling at Oil Bowl Lanes in Longview on October 27.





**Mental Health doesn't have to be scary.
Our story-changers are here for YOU!**

Upcoming Events!

SOCKS FOR SOLDIERS

3001 Richmond Rd, Suite A, Texarkana, TX 75503

DONATE
NEW SOCKS FOR HOMELESS VETERANS
EVERY WEDNESDAY
Oct. 5th to Nov. 9th, 9am-5pm
NOVEMBER 9th, 9am - 12pm

Make plans to join us as we conclude our Socks for Soldiers campaign with a community outreach event with our partners, Community HealthCore.

 **LONE STAR LEGAL AID**

For more information or to apply for free legal services, call (903) 793-7661.

YOU ARE INVITED TO THE

PREV-NET COALITION MEETING

November 15 @ 2PM via ZOOM



Meeting ID: 8567838596 Passcode: 6pfy8x







Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING

PROVIDED BY COMMUNITY HEALTHCORE

ALL ABOUT YOUTH MHFA

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18. Participants will learn the ALGEE action plan and how to apply it in crisis and non-crisis situations.

1st Monday of each month
11:00am via Zoom

Learn the benefits for your school or organization

Know the impact of this training in your community

Find out how YMHFA can be delivered

Q&A with a certified instructor

COME JOIN THE FUN
Or contact me directly!
Katie Roberson
410-558-9273
nhfa@communityhealthcore.com





Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING

PROVIDED BY COMMUNITY HEALTHCORE

ALL ABOUT ADULT MHFA

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults. Participants will learn the ALGEE action plan and how to apply it in crisis and non-crisis situations.

2nd Monday of each month
11:00am via Zoom

Learn the benefits for your company or organization

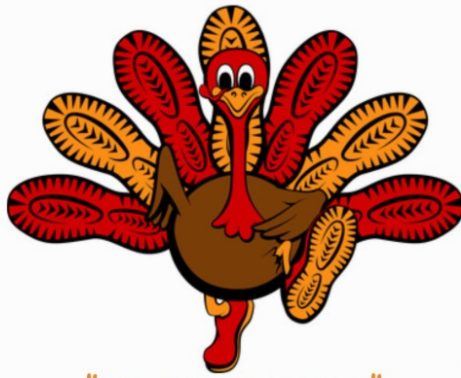
Know the impact of this training in your community

Find out how AMHFA can be delivered

Q&A with a certified instructor

COME JOIN THE FUN
Or contact me directly!
Katie Roberson
410-558-9273
nhfa@communityhealthcore.com

Thanksgiving Day Turkey Trot 5K



9th Annual
Turkey Trot 5K
THANKSGIVING DAY 2022
SPRING LAKE PARK - TEXARKANA



"JOGGING FOR JEANELL"

Thank you to Our Sponsors



**CHRISTUS[®]
ST. MICHAEL**
Health System

TEXARKANA RADIO CENTER



Thank you to our 2022 Turkey Trot sponsors!

There's still time to register for the Thanksgiving Day Turkey Trot 5K in Texarkana! Register here:
<https://runsignup.com/.../ThanksgivingDayTurkeyTrotTexarkana>



Community Healthcore | 107 Woodbine Place, Longview, TX 75601

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