



## Learn More with the CORE Podcast



## Director of Nursing & Crisis Response by Learn MORE with the CORE

In this week's episode, you will hear from CHC's Director of Nursing & Crisis Services and her roles and experience in understanding the links between an individual's mind and body in her 42 years of nursing. The discussion sheds light on mental and physical health relying heavily on each other, and how community networking provides healthier outcomes for ETX citizens.

**Listen Here!** 



Our East Texas Veteran's Resource Center team (left to right, Emily Lester, Kasi Darragh, & Ken Hanson) attended the Homeless Veterans Stand Down in Tyler on 10/11.





Kelvin Jackson, Ashton Brown and Gina Mitchell attended the SFA Career and Internship Fair on 10/12.



## **Upcoming Events!**

















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