



October 3-8, 2022 is Mental Illness Awareness Week!

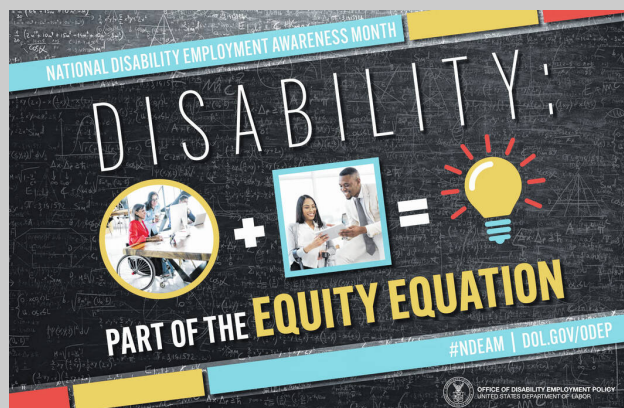
While 1 in 5 people will experience mental illness over the course of their lifetime, everyone will face challenges that can and will affect their mental health. Mental Illness Awareness Week seeks to raise awareness of mental illness, fight discrimination, breakdown stigma and provide support.



October 10, 2022 is World Mental Health Awareness Day!

Let's stand together to bring awareness of mental illness by wearing **GREEN** on Monday, October 10, 2022.

Share your pictures on social media with hashtag **#CHC4mentalhealth** or email them to **events@communityhealthcore.com**.



October is National Disability Employment Awareness Month (NDEAM), which recognizes the importance of a diverse and inclusive American workforce and celebrates the contributions of workers with disabilities.

Learn more about our Vocational Apprenticeship Program (VAP) for individuals with intellectual and developmental disabilities at <https://communityhealthcore.com/services/vocational-apprenticeship-program-vap/>.

SEPTEMBER NEW HIRES

WELCOME STORY-CHANGERS



Jennifer Soape
The Percolator



Amber Cadenas
QMHP - Adult
Longview



Sha Gist
QMHP - Children's
Texarkana



Madalin Spates
QMHP - Children's
Longview



Daisy Jaurez
FAYS
Caseworker



Tacola Bennett
SUD Clinical
Coordinator



LaKendra Hale
HCS Service
Coordinator



Monica Riley
The Percolator



Tory Branum
RN - RCSU



Cassidy Anderson
QMHP - Adult
Texarkana



Octavia Grant
Mental Health
Specialist - RCSU



Leah Montandon
ECI Occupational
Therapist
Assistant



Megan Burch
QMHP - Children's
Henderson



Nicole Willeford
IDD Enhanced
Community
Coordinator



Ramsie Ater
UFS - 6th
Street Longview



**COMMUNITY
HealthCORE**

STORY-CHANGER

Spotlight

Kelvin Jackson
Intern Trainer

"Being apart of a bigger purpose and feeling like we make a change in the lives of marginalized communities makes me really proud to be apart of the CHC family. Working with passionate teammates to meet the goal of helping those most vulnerable in my community makes me proud to wear the badge."



Learn More with the CORE Podcast



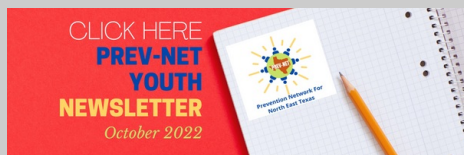
Awareness • Understanding • Support

CHC Project Evaluator by Learn MORE with the CORE

In this week's episode, you will learn about CHC's administrative side and how our programs receive funding. Christy Cravey discusses the ends and outs of the grant process and how new programs are created according to strategic planning and research.

[Listen Here!](#)

PREV-NET Newsletter



In These Newsletters:

- Community Spotlight: Family and Youth Success Program
- Digital File Cabinet
- Red Ribbon Week 2022
- Voices of North East Texas: Bobby Mangham
- Youth Newsletter: Red Ribbon Week

The Prevention Network for North East Texas (PREV-NET) serves youth ages 9-20 (and anyone that has access to these youth) across 9 counties: Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, Upshur.

Our Vision: To grow a community where youth have the opportunities and resources they need for a healthy life.

Our Goals: Decrease 30 day use of alcohol, marijuana, and methamphetamine among youth ages 9-20. Increase community presence in prevention efforts across the 9 counties we serve.

PREV-NET provides evidence based programs like *Too Good for Drugs* and *Strengthening Families* at no cost, presentations, campaign materials, educational and activity sheets, and more! Let's collaborate to empower our youth with the social and emotional learning skills to live healthy drug free lives. **Contact PREV-NET at prev-net@communityhealthcore.com.**

Upcoming Event!



The Community Healthcore Foundation presents its 9th Annual Thanksgiving Day Turkey Trot.

Join our Center-wide and community-wide tradition of a Thanksgiving Day 5K Run/Walk. The 9th Annual Turkey Trot will be dedicated in memory of Jeanell Cannon.

This year's theme is "**Jogging for Jeanell**". Registration for runners (joggers/walkers) is open! T-shirts will be on sale in a few weeks. Let your family and friends know about this fun event!

Sponsorship

Registration is Open!





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