



# Dignity Independence Dreams

July 2022 Newsletter

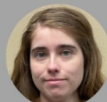
We're Hiring more Story-Changers!

June 2022  
New Hires

WELCOME TO THE TEAM OF  
**STORY-CHANGERS**



**Mary Peterson**  
The Percolator - Longview



**Teresa Medina**  
QMHP - Adult Mental Health - Longview



**Chelsi Myers**  
Behavioral Health Academy Intern



**Alysia Brantley**  
IDD Personal Support Advocate - Longview



**Ashton Brown**  
Behavioral Health Academy Intern



**April Johnson-Calvert**  
Director of Revenue Cycle Management



**Elizabeth Benitez**  
QMHP - Children's Mental Health - Gilmer



**Angela Prine**  
The Percolator - Longview



**Robert Hollins**  
Accountant III - Longview



**Kathy Kelly**  
Therapist II Crisis - Longview



**Cheyenne Allison**  
Behavioral Health Academy Intern



**LaToya Green**  
QMHP - COOMMI - Texarkana

July is Minority Mental Health Month



July is Social Wellness Month



Research shows there are five simple things you can do as part of your daily life – at work and at home – to build resilience, boost your wellbeing and lower your risk of developing mental health problems.

The Five Ways to Well-being are –  
**Connect, Be Active, Keep Learning, Give, and Take Notice.**

Check out PREV-NET's July Newsletters!

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NEWSLETTER  
July 2022



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NEWSLETTER  
July 2022





## CHC in the Community



The Greater Longview Optimal Wellness (GLOW) team traveled to Houston in June to meet with Episcopal Health Foundation to talk about Health Equity and our Accountable Community of Health.

*The GLOW partners are City of Longview, Special Health Resources, Greater Longview United Way, CHRISTUS Good Shepherd Health System, Longview Regional Medical Center and Gregg County.*



2022 Children's Mental Health Awareness Day in Longview. Thank you to ALL of the staff, volunteers and community partners for making this year's event a huge success.

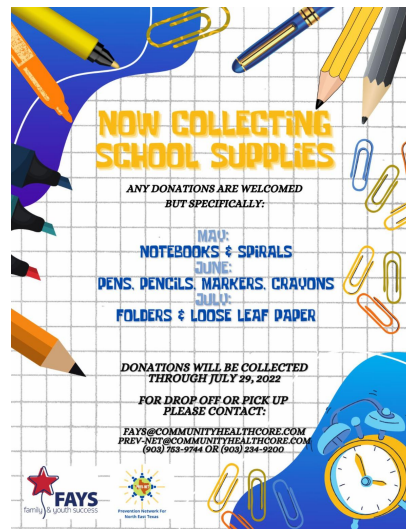


Steve Archer, Lee Brown, Marilyn Wyman, Christy Cravey, Rachel Harrington and Patti Brady attended the State of the County in Gregg County.



Gina Mitchell, Intern Recruiter attended the Southern Association of Colleges and Employers Summit in Fort Worth in June.

## Upcoming Events





# STRENGTHENING FAMILIES

## SUMMER CLASSES

FOR PARENT/GUARDIAN  
AND STUDENTS AGES 9-18

<p>06.30.22</p> <p>Notice &amp; Compliment the Good Daily</p>	<p>07.05.22</p> <p>Communicating with Love and Understanding</p>	<p>07.07.22</p> <p>The Five Rs for a Happy Home</p>
<p>07.12.22</p> <p>Limits &amp; Consequences</p>	<p>07.14.22</p> <p>Problem Solving &amp; Negotiation Skills</p>	<p>07.19.22</p> <p>Stress &amp; Anger Management Skills</p>
<p>07.21.22</p> <p>Goals &amp; Contracts to Change Behavior</p>	<p>07.28.22</p> <p>Alcohol, Tobacco &amp; Other Drugs</p>	<p>08.02.22</p> <p>Choosing Good Friends &amp; Monitoring Activities</p>
<p>08.09.22</p> <p>Values, Traditions, &amp; Service</p>	<p>Classes start at 3PM in Conference Room A at 501 Pine Tree Rd, Longview, TX 75604</p> <p>For Questions call: 903-884-8982</p>	

## PROGRAM SPOTLIGHT: Behavioral Health Internship Academy



### Behavioral Health Internship Academy

The Behavioral Health Internship Academy offers interns excellent clinical training and experience in the assessment and treatment of a diverse range of mental health challenges and substance use disorders with a population that includes children, adolescents, families, and adults across a variety of settings.



[Read More](#)

## Texas Council for Community Centers 35th Annual Conference







CHC had 37 people attend the Texas Council for Community Centers Conference on June 21-23 in Fort Worth.



## New Locations in Atlanta!

The Adult and Children MH Clinic and Day Habilitation Program in Atlanta have new locations! A big thank you to Tom Suess and his team for all of their hard work in making these locations look great!

### NEW LOCATIONS:

Adult and Children Outpatient Clinic - 307 N. Louise, Suite G  
Day Habilitation Program - 307 N. Louise, Suite B



## We're Hiring Story-Changers!

**We're Hiring**

COMMUNITY **HealthCORE**

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**Crisis Line: 1-800-832-1009**

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