

Helping People Achieve Dignity, Independence and Their Dreams

May 2022 Newsletter



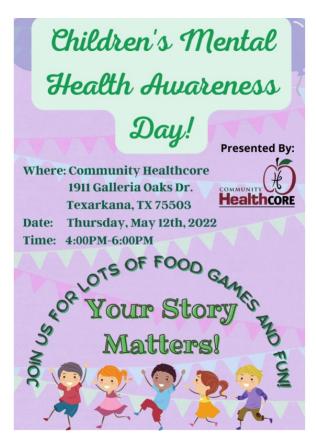
May is Mental Health Awareness Month. It's a time for us to raise awareness of mental health conditions and to help reduce the stigma so many experience.

After the last two years of pandemic living, many people are realizing that stress, isolation, and uncertainty have taken a toll on their health and wellbeing.

Also, don't forget to take time this month to focus on your health and well-being.

Children's Mental Health Awareness Day Events!

Bring the family and come enjoy the fun at the Children's Mental Health Awareness Day event in Texarkana. We will have food, games, and giveaways!



Community Healthcore Foundation
Champions for Change Golf Tournament

There is still time to register to play!



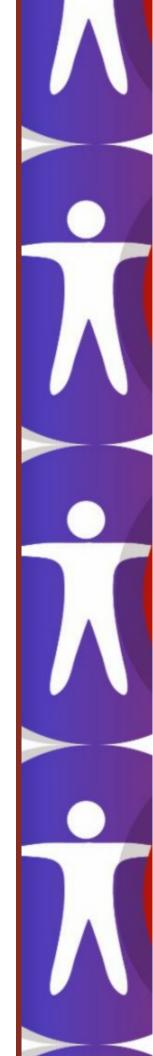




May 6th -12th is Nurses Week and we want to take this week to say THANK YOU to all of the CHC nurses for your passion and dedication to the Center and to the people we serve. Your compassion, selflessness, and kindness do not go unnoticed.

Thanks for all you do! We appreciate YOU!

Celebrating 30 Years with CHC















Staff attended Bags, Boots & Bingo hosted by The Martin House - Children's Advocacy Center on April 29.



Jordan Avant and Emily Williams with the East Texas Aging & Disability Resource Center attended the Crockett-Palestine Health Fair on April 6.



Natalie Freeman with PREV-NET attended the Pine Tree ISD Parent Night on April 26.



Ark Tex ADRC and East Texas Veterans Resource Center attended the Atlanta Resource Fair on April 9.



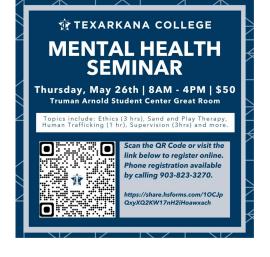
Algee and Katie Roberson represented Community Healthcore and Mental Health First Aid at the Stop the Violence Summit at Region 8 on April 26.















Veterans Information Fair Saturday, May 21, 2022 (Click Here for flyer) Homeless Resource EventSunday, May 22, 2022(Click Here for flyer)



Community Healthcore PO Box 6800, Longview, Texas 75608

INTAKE/ADMISSION: 1-800-4-INTAKE 1-800-446-8253

CRISIS LINE: 1-800-832-1009

24 HOURS A DAY . 7 DAYS A WEEK MULTILINGUAL







Community Healthcore | 107 Woodbine Place, Longview, TX 75601

<u>Unsubscribe patti.brady@communityhealthcore.com</u>

<u>Update Profile |Constant Contact Data Notice</u>

Sent bypatti.brady@communityhealthcore.compowered by



Try email marketing for free today!